

THE BIG STORY

A WEEKLY PUBLICATION FROM THE MEDIA DESK

BORNO STATE COORDINATOR BAGS AWARD FROM THE NATIONAL ASSOCIATION OF NIGERIAN STUDENTS (NANS)



How to Manage Work Stress

Here are some useful tips to manage work stress:

- Prioritize and organ-
- 2. Be clear on requirements.
- 3. Try to be positive.
- 4. When you are stuck, go out and take a walk.
- 5. Take a walk during your lunch break.
- 6. Take control of the situation.
- 7. Get enough sleep.
- 8. Form positive relationships.
- 9. Have a to do list.
- 10. Stay away from conflict and Kick Your bad habits away.

-Culled from www.verywellmind.com

Edited by: Rosemary Nwokemodo





of the National Association of Nigerian Students (NANS), Zone C Chapter, Maiduguri, Borno State

■he National Identi-Management Commission (NIMC), State Coordinator Mr. Zaman Y. Mshepala has been honored with a Meritorious Service Award by the National Association of Ni-Students (NANS) gerian during the week, in Borno State.

The award was presented to to affirm identity, enhance him at the NIMC Maiduguri governance and service de-Office by the representa-livery, which is why NIMC tives of the Zone C chapter Borno is tirelessly working to of the Association in recog- bring enrolment to residents nition of his outstanding of the state." achievements and service. relentless service in contributing and bringing enrolment closer to the students in the State

While addressing the stu-recognition tation, the Borno State Coordinator stated that the Commission was working to provide assured identity for

"The NIMC vision is to provide sustainable world-class identity management solution

r. Zaman Mshepala further appreciated the Association of Nige-Students for rian assured dents at the award presen- them the enrolment exercise will be continually made accessible to all residents in Borno State in spite of the insurgency in some areas.

Reported by Ibrahim Amarja, NIMC Media Desk Officer, Borno State

SOKOTO STATE OFFICE RECEIVES THE BACKING OF NIS COMPTROLLER



L-R: The National Identity Management Commissi (NIMC) Sokoto State Coordinator, Engr. Garba Alhaji with Nigerian Immigration Service (NIS) Comptroller Sokoto State, Mr. Muhammad N. Hassan in the State Office

he Nigerian Immiaration (NIS) Sokoto State. Mr. fulfils its mandate. Muhammad N. Hassan paid unscheduled supervision

Management (NIMC) Sokoto state office receive reports of any ofrecently.

The visit was part of efforts to ensure his staff are performing their duties in all enrollment centres across the Engr. Garba Alhaji in his restate

This is in fulfilment of the collaboration between Service two government agencies in Comptroller making sure that the NIMC

While addressing the State

to National Identity Coordinator, he emphasized Commission that he would be pleased to ficer who abstains from duty and immediately should be directed to him for further actions.

> marks, expressed his appreciation and assured State Comptroller that both agencies would continue to work harmoniously in order to achieve NIMC's goals and objectives.

> > Reported by Aminu Danjariri, NIMC Media
> > Desk Officer, Sokoto State

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